



Los Angeles Pierce College

Encore

Older Adult Education Program

Free Classes

Fall 2021

Aug. 30 - Dec. 11

Classes online
Meet day/time scheduled

[piercecollege.edu/encore](https://www.piercecollege.edu/encore)
(818) 710-2561

Donation Form

You can also donate online at <http://community.piercecollege.edu/encore/donate.asp>.

Whether you are a long time Encore supporter or giving for the first time, thank you for supporting Encore! Donations to the Encore Program provide for special projects, events, supplies and equipment. Please use this form to mail in your donation.

Mail your completed form along with your donation to:

Pierce College Foundation - Encore
6201 Winnetka Avenue #341
Woodland Hills, CA 91371

Donor Information

Name: _____

Address: _____

City: _____

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Zip Code: _____

Phone: _____

Donation

My check is enclosed in the amount of \$:

(Checks payable to: Pierce College Foundation - Encore)

This gift is:

- In appreciation of the Encore program. Thank you!**
- In appreciation of an Encore Instructor:**
- In memory**

Remember someone special by giving a gift in their memory. Encore will send a card acknowledging your thoughtful donation to the person of your choice:

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- In honor**

Give a gift to honor someone for a birthday, anniversary, to celebrate the birth of a grandchild or other. Encore will send a card acknowledging your thoughtful donation to the person of your choice:

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GENERAL INFORMATION

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The Encore Program has made every effort to make this Class Schedule accurate and may, without notice, change general information, courses, or programs offered. Please see the Encore website for updates or changes.

For complete college information, see *Pierce College General Catalog*. Federal Privacy Rules Regarding Student Information Family Educational Rights and Privacy Act (FERPA) prohibits the disclosure of personally identifiable information from education records. For more information visit the U.S. Department of Education.

We will continuously strive to build an inclusive, welcoming community of individuals with diverse background, talents, and skills who are committed to civility, mutual respect, social justice, and the free and open exchange of ideas. We commit ourselves to change, growth, and action that embrace diversity as an integral resource of our educational experience and of the community we create.

Contact Information

Office: VLGE 8310A (behind South Gym)

Hours: Office closed until further notice.

Telephone: (818) 710-2561, (818) 710-4163

Leave your name, phone number, and short message.

We will return your call.

Encore Email: lapc-encore@piercecollege.edu

Website: piercecollege.edu/encore

General Mailing Address:

ENCORE, Pierce College

6201 Winnetka Avenue, #341

Woodland Hills, CA 91371

Encore is a Pierce College education program designed specifically for older adults (50+), but all students over 18 are welcome. Courses address the needs of older adults focusing on topics that promote independence, advocacy, community engagement, personal growth, physical and cognitive health, economic self-sufficiency, and subject matter that relates to older adults' life circumstances and positive aging skills

Donations to the ENCORE Program provide for special projects, events, supplies and equipment. Checks payable to: *Pierce College Foundation – Encore*; use form on page 1. Donations of any size are appreciated. Thank you for your support!

Special Services: Students with disabilities can contact Special Services. Authorization, based on verification of disability, is required before accommodation can be made. Special Services is in the Student Services Building. For questions, call (818) 719-6430.

Emergency procedures: From any pay phone on campus: dial *80. From any campus extension: dial 4311. From cell phones: dial (818) 710-4311. Campus "Blue Lights" are tall blue cylinders topped by bright lights. Press large red button to immediately connect to the Sheriff's station.

Academic Courtesy is common sense respectful behavior given by the students to each other, to professors and college staff. Disobedient, disruptive, or disorderly behavior exhibited by any student will result in disciplinary action in accordance with District policies and procedures

Important Reminders

Online classes

meet days/times scheduled

Check your email regularly

1. Encore Website: piercecollege.edu/encore
 - A. Registration Instructions and procedures
 - B. Video – *How to Submit a Noncredit Application* - Link available on Encore Website or copy and paste link into address browser bar
<https://www.youtube.com/watch?v=4uOBplhzC78>
 - C. Downloadable Spring 2021 catalog
2. Encore Office: (818) 710-2561
Leave your name, phone number, a short message and we will return your call.
3. Encore email:
lapc-encore@piercecollege.edu
4. Call Encore office if you forgot your student ID#.
5. To reset your password: See Encore Website: piercecollege.edu/encore
Click on PASSWORD tab.
6. To access online classes go to Encore website. Click on Canvas tab. Click on "Access to Zoom in Canvas."

Important Reminders

Email

Check email regularly for class cancellations, changes, and announcements.

Pierce Student Email

1. Go to piercecollege.edu.
2. Click Class Registration or Student Portal (upper right corner).
3. Enter Student ID# and Password.
4. Click Mail-Outlook tile.
5. Click small Outlook icon on left.

FORWARD your Pierce Student email to your personal email:

1. Go to Encore Website: piercecollege.edu/encore
2. Expand Email tab
3. Click on "Set up email forwarding to your personal email account." (You can see screen shots of each step.)

Password

First Time Password Creation: See page 11.

Important: Enter your password slowly and carefully. If you try more than 3 times you will be locked out and need to re-set your password.

RECORD YOUR PASSWORD

APPLICATION PROCEDURES

New or former students who have not enrolled in any LACCD colleges in the last two semesters need to apply.

How to apply: Email needed for online application.

1. Noncredit Application – To enroll in noncredit zero units courses ONLY. (Encore classes)

Video – How to Submit a Noncredit Application:
Link available on Encore website.

2. College Application – To enroll in college level credit classes. This application should also be used if you plan to enroll in both credit & noncredit classes.
For Assistance: CCC Apply helpline 877-247-4836

Both Applications have two parts:

Create Account (same for both applications):

1. Go to www.piercecollege.edu
2. Click *Apply Online* at the top right.
3. Click, *CLICK HERE TO BEGIN APPLICATION*.
Choose Noncredit or College Application
4. Click *Create an Account*.
5. Click *Begin Creating My Account* (3 parts).
6. Complete pages. Click *Continue*.
7. Print Confirmation.

Start Noncredit or College Application:

1. Click *Begin Application*
2. *Noncredit Application:*
Educational Goal: select Educational Development
Intended Major or Program of Study:
select Workplace Success-Noncredit Certificate
- College Application:*
Educational Goal: select Educational Development
Intended Major: select IGETC--General Education
3. Answer ALL questions. Click Submit.
4. **PRINT APPLICATION CONFIRMATION.**

You will receive 2 emails.

1. First has your CCC ID#. Record number.
2. Second has your Student ID# (begins with 8 or 9).

Notes:

1. If you do not receive your Student ID# within 5 business days please call the Encore Office.
2. Disregard messages requesting transcripts.
3. Check your email Spam folder.

REGISTRATION PROCEDURES

When can I register?

Check Reg Date Appointment.

1. Go to www.piercecollege.edu
2. Click *Class Registration* or SIS Portal at top right.
3. Type your student ID # and password.
4. Click the tile Manage Classes.
5. Click Enrollment Dates – on the left side.
6. Under preferred semester – look for “Your Appointment Start Date/Time.”

Note: You can register anytime on or after your appointment. Online registration appointments are issued by the LACCD. Encore Office cannot change registration appointments.

To Register for classes:

1. Go to www.piercecollege.edu
2. Click *Class Registration* or SIS Portal at top right.
3. Type your Student ID# and Password.
4. Click *Manage Classes*.
5. Click *Class Search and Enroll*.
6. Select preferred semester.
7. Enter class number in “Enter Keyword Box.”
8. Click >> right side (at the end of line).
9. Click > right side (at the end of line).
10. Click > right side (at the end of line).
11. Click Next upper right.
12. Add to Wait List – click NO change to Yes.
13. Click *Accept*.
14. Click *Next*.
15. Click *Submit*.
16. Are you sure you want to submit? Yes/No
17. To add another class click “Return to Keyword Search.”

Add Classes After Semester Starts:

Email instructor for a Permission Number, follow steps 1-12. Enter Permission Number. Click *Accept*. Follow steps 14-16. For instructor email address see Encore website: www.piercecollege.edu/encore

Wait List: See above how to *Add Classes After Semester Starts* with a permission number.

CALENDAR OF CLASSES

Fall 2021 Aug. 30 – Dec. 10

| Class # | Course Title | Instructor | Time | Room |
|------------------|--|--------------|----------------|--------|
| Monday | | | | |
| 11594 | Body Movement | Shvetsov | 8:30-10:30 am | ONLINE |
| 18264 | Body Movement | Lacelle | 9-11 am | ONLINE |
| 16681 | Body Movement: Chair Exercise | Shvetsov | 10:40-12:40 pm | ONLINE |
| 11686 | Body-Mind Fusion | Tinto-Singer | 10:40-12:40 pm | ONLINE |
| 11642 | Egyptian Art and Culture: The Pharaohs | Thornton | 11:15- 1:15 pm | ONLINE |
| 16680 | History/Development Occidental Music Tradition | Domine | 1-3 pm | ONLINE |
| 18597 | Body Movement: Chair Exercise | Jensen | 1-3 pm | ONLINE |
| 20952 | Watercolor | Pitt | 1-4 pm | ONLINE |
| 17008 | Healthy Living: Technology for Seniors 2021 | Feldman | 1:30-3:30 pm | ONLINE |
| 15944 | Science Discussions | Meyer | 1:30-3:30 pm | ONLINE |
| 25748 | Political Sociology | Holland | 1:30-3:30 pm | ONLINE |
| 24750 | Investing and Current Business Issues | Braun, Grigg | 2-4 pm | ONLINE |
| 11663 | Art of Asia and the West | Thornton | 2:20-4:20 pm | ONLINE |
| 17503 | Hot Topics: Justice System | Oborn | 2:30-4:30 pm | ONLINE |
| Tuesday | | | | |
| 11622 | Yoga | Feldman | 8-10 am | ONLINE |
| 11520 | Body Movement | Shvetsov | 9-11 am | ONLINE |
| 19323 | Body Movement: Chair Yoga | Cummins | 9-11 am | ONLINE |
| 11300 | Portraiture Painting | Thornton | 9-11 am | ONLINE |
| 15936 | Body Movement: Aquatic Fitness | Hefter | 9-11 am | POOL |
| 20949 | Beginning & Intermediate Acrylic/Oil Painting | Pitt | 9:30-12:30 pm | ONLINE |
| 17504 | Watercolor: Plein Air On Zoom | Tirr | 10-1 pm | ONLINE |
| 15946 | Current Events | Levick | 10-12 pm | ONLINE |
| 11635 | Art of Asia and the West | Thornton | 11:15-1:15 pm | ONLINE |
| 11782 | Current Events: Sports | Levick | 1-3 pm | ONLINE |
| 16275 | Photo Editing | Perret | 1-3 pm | ONLINE |
| 20951 | Abstract Ptg. in Color w/ Acrylics & Mixed Media | Pitt | 1-4 pm | ONLINE |
| 11249 | The Short Story | Follett | 1:30-3:30 pm | ONLINE |
| 17502 | The Many Lives of the First Ladies | Holland | 1:30-3:30 pm | ONLINE |
| 25818 | The Story of Religious History in America | Sloan Goben | 1:30-3:30 pm | ONLINE |
| 15940 | Abstraction and Mixed Media | Tirr | 1:30-4:30 pm | ONLINE |
| 11675 | Egyptian Art and Culture: The Pharaohs | Thornton | 2:15-4:15 pm | ONLINE |
| Wednesday | | | | |
| 11598 | Intermediate Yoga/Mat Pilates | MacDonald | 8-10 am | ONLINE |
| 11542 | Body Movement | Shvetsov | 9-11 am | ONLINE |
| 17501 | Body Movement | Lacelle | 9-11 am | ONLINE |
| 15939 | Dynamic Sketching 1 | Scarbro | 9:30-12:30pm | ONLINE |
| 20614 | Pastel Painting 1B | Kraus | 9:30-12:30pm | ONLINE |
| 11629 | Basic Yoga/Mat Pilates | MacDonald | 10:30-12:30pm | ONLINE |
| 11703 | Body-Mind Fusion | Tinto-Singer | 11:10-1:10 pm | ONLINE |
| 16967 | Body Movement: Chair Yoga | Cummins | 11:15-1:15 pm | ONLINE |
| 15935 | Reimagining Jewish Music | Brostoff | 11:30-1:30 pm | ONLINE |
| 11261 | Quilting | Streimer | 12:45-2:45 pm | ONLINE |
| 11751 | Current Events | Levick | 1-3 pm | ONLINE |
| 18598 | Body Movement: Chair Exercise | Shvetsov | 1:30-3:30 pm | ONLINE |
| 23372 | Geographical Perspectives on the Ancient World | Andalus | 1:30-3:30 pm | ONLINE |

| Wednesday <i>continued</i> | | | | |
|-----------------------------------|--|--------------|--------|--------|
| 20908 | Artistic Anatomy | Scarbro | 1-4 pm | ONLINE |
| 11807 | Renaissance Painting – Egg Tempera | Thornton | 1-4 pm | ONLINE |
| 11717 | East Meets West | Tinto-Singer | 2-4 pm | ONLINE |
| 16110 | History/Development American Popular Music | Domine | 2-4 pm | ONLINE |
| 11367 | Sheltered in Place Contemp. Watercolor | Wee | 2-4 pm | ONLINE |

| Class # | Course Title | Instructor | Time | Room |
|-----------------|---|---------------------|----------------|-------------|
| Thursday | | | | |
| 23369 | Yoga | MacDonald | 8-10 am | ONLINE |
| 19322 | Body Movement: Chair Yoga | Cummins | 8:30-10:30 am | ONLINE |
| 25596 | Body Movement: Aquatic Fitness | Lacelle | 9-11 am | POOL |
| 11577 | Body Movement | Hefter | 9-11 am | ONLINE |
| 11509 | Body Movement | Shvetsov | 9-11 am | ONLINE |
| 20961 | Beginner Drawing 3B | Kraus | 9:30-12:30 pm | ONLINE |
| 20953 | Beginning & Intermediate Drawing | Pitt | 9:30-12:30 pm | ONLINE |
| 16682 | Egyptian Art and Culture: The Pharaohs | Thornton | 9:45-11:45 am | ONLINE |
| 17505 | Watercolor: Still Life Painting | Tirr | 10-1 pm | ONLINE |
| 11613 | Chair Yoga | MacDonald | 10:30-12:30 pm | ONLINE |
| 19870 | Music and Your Health | Domine/Tinto-Singer | 11-1 pm | ONLINE |
| 11762 | Current Events | Levick | 12-2 pm | ONLINE |
| 11487 | Encore Singers | Avakian | 12:45-2:45 pm | ONLINE |
| 18923 | Email and Internet Basics | Perret | 1-3 pm | ONLINE |
| 17506 | Figure Drawing | Pitt | 1-4 pm | ONLINE |
| 23371 | Art Secrets Revealed | Kraus | 1:30-3:30 pm | ONLINE |
| 15945 | Religions of the World – Eastern Traditions | Sloan Goben | 1:30-3:30 pm | ONLINE |
| 16990 | Foundations of East Asian Civilizations | Kaapuni | 1:30-3:30 pm | ONLINE |
| 18441 | Understanding Exercise and Body Movement | Tinto-Singer | 1:30-3:30 pm | ONLINE |
| 15942 | Color Media | Tirr | 1:30-4:30 pm | ONLINE |
| 16679 | Digital Photography | Nisan | 2-4 pm | ONLINE |
| 16683 | Art of Asia and the West | Thornton | 2:20-4:20 pm | ONLINE |
| Friday | | | | |
| 11602 | Intermediate Yoga/Mat Pilates | MacDonald | 8-10 am | ONLINE |
| 11552 | Body Movement | Shvetsov | 9-11 am | ONLINE |
| 20950 | Intermediate & Beyond Acrylic/Oil Painting | Pitt | 9:30-12:30 pm | ONLINE |
| 20946 | Oil Painting Studies 2 | Scarbro | 9:30-12:30 pm | ONLINE |
| 20611 | Watercolor/Pastel Painting | Kraus | 9:30-12:30 pm | ONLINE |
| 11457 | History/Dev. of American Musical Theater | Domine | 10:30-12:30 pm | ONLINE |
| 11734 | Body-Mind Fusion | Tinto-Singer | 11:10-1:10 pm | ONLINE |
| 23364 | Landscapes & Portraits w/ Acrylic/Oil Paints | Pitt | 1:15-3:15 pm | ONLINE |
| 11467 | Top Ten List - Events in World History that Forever Changed Our Musical Landscape | Piazza | 1:30-3:30 pm | ONLINE |
| 11770 | 20th Century Film 12 weeks | Windrum | 1-3:30 pm | ONLINE |
| 11855 | Portrait Anatomy | Scarbro | 1-4 pm | ONLINE |
| 11860 | Watercolor | Thornton | 1-4 pm | ONLINE |
| 20613 | Art Explorations | Kraus | 1-4 pm | ONLINE |

Holidays
Sept. 6

Labor Day

Nov. 11 Veteran's Day
Nov. 25-26 Thanksgiving

Topics of Interest

Older Adult 60CE – Senior Topics

Class #17502 – The Many Lives of the First Ladies

| | | | |
|---------|--------------|---------|--------|
| Tuesday | 1:30-3:30 pm | Holland | ONLINE |
|---------|--------------|---------|--------|

Wives, Spouses, White House hostess and manager, presidential campaigner and fundraiser, champion of social causes, social influencer in domestic and international affairs, and fashion icon. And yes, she is still a daughter, a wife, a mother, a grandmother, and a human being. And will Doug Imhoff be promoted to First Spouse if Kamela Harris becomes the next president?

Class #25748 – Political Sociology

| | | | |
|--------|--------------|---------|--------|
| Monday | 1:30-3:30 pm | Holland | ONLINE |
|--------|--------------|---------|--------|

This course is the sociological study of power, politics, and the state. Emphasis is placed on political sociological theories, elites and masses, the state, globalization, nationalism and social movements, media and interest groups, social and political institutions, capitalism, corporatism, and status.

Class #23372 – Geographical Perspectives on the Ancient World

| | | | |
|-----------|--------------|---------|--------|
| Wednesday | 1:30-3:30 pm | Andalus | ONLINE |
|-----------|--------------|---------|--------|

Come join us as we compare and contrast contemporary and archaic perspectives to unveil new and exciting views of ancient peoples and the places they called home. Trade, travel, battles, beliefs, architecture, and more will be explored with vigor!

Class #17008 - Healthy Living: Technology for Seniors 2021!

| | | | |
|--------|--------------|---------|--------|
| Monday | 1:30-3:30 pm | Feldman | ONLINE |
|--------|--------------|---------|--------|

Social distancing and new safety concerns have highlighted the need for older adults to become more technologically aware and proficient. As new technologies have changed how nearly everything works from banking, ordering groceries online, making medical appointments, utilizing tele-health platforms, and accessing free entertainment, to communicating with friends and family, near and far. Understanding these changes in how we communicate is crucial to remaining safe and independent. Trying to learn new technologies on your own can seem overwhelming but do not give up! *Healthy Living: Technology for Seniors 2021* will bring you up to date on what you need to know to learn comfortably and benefit from these new technologies. In this course you will learn about online safety, texting, video chatting, the best apps for seniors, how to book appointments online, order food, engage with social media and much, much more. Research the latest apps to find services, become comfortable using your smart phone but most importantly learn how to stay independent and connected to family and friends now and for years to come.

Class #25818 – The Story of Religious History in America

| | | | |
|---------|--------------|-------------|--------|
| Tuesday | 1:30-3:30 pm | Sloan Goben | ONLINE |
|---------|--------------|-------------|--------|

Religious practices in America come in the form of a multiplicity of religious traditions that currently exist today. Beginning with an exploration of indigenous spirituality, the course covers religious expressions that came to America with European settlers, African slaves, Islam, and the opening of global connections to include traditional Asian faith practices, and religions that have their origins in America. We have become a “community of communities” as we seek to understand how we might live into our motto – e pluribus unum.

Class #15945 - Religions of the World – Eastern Traditions

| | | | |
|----------|--------------|-------------|--------|
| Thursday | 1:30-3:30 pm | Sloan Goben | ONLINE |
|----------|--------------|-------------|--------|

This course will be an introduction to the study of World Religions and will focus on religions from East, South and Southeast Asia, including Hinduism, Buddhism, Sikhism, Jainism, Confucianism, Taoism, Shinto, and East Asian Buddhism. Like most religious traditions, each of these has a Pilgrimage that is integral to their faith. We will explore these practices, and when possible, the instructor will invite practitioners of these traditions to join the class, via Zoom, for a time of Q & A. We strive for conversation and understanding in a world that invites cross-cultural opportunities for engagement.

Class #15944 - Science Discussions

| | | | |
|--------|--------------|-------|--------|
| Monday | 1:30-3:30 pm | Meyer | ONLINE |
|--------|--------------|-------|--------|

How science helps your life! A discussion of basic scientific principles and their application. We will examine current topics of scientific interest and will not avoid uncomfortable topics for which there is solid scientific evidence.

Class #15946 - Current Events

| | | | |
|---------|----------|--------|--------|
| Tuesday | 10-12 pm | Levick | ONLINE |
|---------|----------|--------|--------|

Lively discussion of current local, national and world events. Explore the news from different viewpoints with a goal of increased understanding, empathy, and tolerance.

Class #11782 - Current Events: Sports

| | | | |
|---------|--------|--------|--------|
| Tuesday | 1-3 pm | Levick | ONLINE |
|---------|--------|--------|--------|

Lively discussion including (but not limited to) current financial, legal, ethical, and political issues in the local, national or world arena related to organized sports, not simply a recap of prior weeks' games.

Class #11751 - Current Events

| | | | |
|-----------|--------|--------|--------|
| Wednesday | 1-3 pm | Levick | ONLINE |
|-----------|--------|--------|--------|

Lively discussion of current local, national and world events. Explore the news from different viewpoints with a goal of increased understanding, empathy, and tolerance.

Class #11762 - Current Events

| | | | |
|----------|---------|--------|--------|
| Thursday | 12-2 pm | Levick | ONLINE |
|----------|---------|--------|--------|

Lively discussion of current local, national and world events. Explore the news from different viewpoints with a goal of increased understanding, empathy, and tolerance.

Class #11770 - 20th Century Film

| | | | |
|--------|-----------|---------|--------|
| Friday | 1-3:30 pm | Windrum | ONLINE |
|--------|-----------|---------|--------|

Class will discuss the relationship between Hollywood motion pictures and the American society surrounding, reflecting, and influencing the practices of the film industry in the year 1983. Note: 12 weeks

Class #17503 – Hot Topics: Justice System, Impact of Public Policy

| | | | |
|--------|--------------|-------|--------|
| Monday | 2:30-4:30 pm | Oborn | ONLINE |
|--------|--------------|-------|--------|

This course focuses on the impact of public policy in the justice system. Examine current events to interpret how issues in the justice system impact our lives; laws and policy changes that apply to seniors such as legalization of marijuana, homelessness, mental health issues, and COVID-19. Consequences of public policies will be discussed.

Class #16990 – Foundations of East Asian Civilization

| | | | |
|----------|--------------|---------|--------|
| Thursday | 1:30-3:30 pm | Kaapuni | ONLINE |
|----------|--------------|---------|--------|

This course will survey the history of East Asia with emphasis on China and Japan from their earliest beginnings through the 17th Century. The goal of the course is to give students a conceptual as well as a factual framework from which to understand the political, cultural, social, intellectual, and economic developments at each stage of premodern Chinese and Japanese history and how each development has helped shape our world.

Literature

Older Adult 29CE – Literature and the Human Experience

Class #11249 – The Short Story

| | | | |
|---------|--------------|---------|--------|
| Tuesday | 1:30-3:30 pm | Follett | ONLINE |
|---------|--------------|---------|--------|

The Short Story, according to Edgar Allan Poe, is to produce a single effect in the reader. As such, it should be read in one sitting; hence, brevity is a key feature. Come and join us as together we explore some significant works in this delightful literary genre. (Student suggestions for stories [1] in the public domain online and [2] less than one hour in reading time are welcome by 1 July 2021 at folletrj@piercecollege.edu.)

Art History

Older Adult 56CE – Seeing and Understanding Art

Class #23371 – Art Secrets Revealed

| | | | |
|----------|--------------|-------|--------|
| Thursday | 1:30-3:30 pm | Kraus | ONLINE |
|----------|--------------|-------|--------|

In this intriguing course for artists and spectators alike, via video, lecture, and meaningful dialogue, we will explore the wide range of visual art styles and influences; intriguing topics such as Composition, Art and Propaganda, Sistine Chapel hidden messages, and Women in the Arts are just some of the exciting points of interest.

Class #11642 – Egyptian Art and Culture: The Pharaohs

| | | | |
|--------|---------------|----------|--------|
| Monday | 11:15-1:15 pm | Thornton | ONLINE |
|--------|---------------|----------|--------|

The rich and ancient history of Egypt comes to life in this new series exploring the royal pyramids, magnificent temples, tombs, and monuments of the pharaohs. We will learn the origins of Egyptology while we follow the rise and fall of the great kingdoms along the Nile.

Class #11663 – Art of Asia and the West

| | | | |
|--------|--------------|----------|--------|
| Monday | 2:20-4:20 pm | Thornton | ONLINE |
|--------|--------------|----------|--------|

The art of China and Japan had a profound impact upon the French Impressionists and American painting. From the Silk Road to Japanese images of the floating world, we will examine how religious ancient Hindu and Buddhist imagery, architectural design, and Asian styles, cross cultural boundaries to influence Western art...and how in turn, the West influenced the East.

Class #11635 – Art of Asia and the West

| | | | |
|---------|---------------|----------|--------|
| Tuesday | 11:15-1:15 pm | Thornton | ONLINE |
|---------|---------------|----------|--------|

The art of China and Japan had a profound impact upon the French Impressionists and American painting. From the Silk Road to Japanese images of the floating world, we will examine how religious ancient Hindu and Buddhist imagery, architectural design, and Asian styles, cross cultural boundaries to influence Western art...and how in turn, the West influenced the East.

Class #11675 – Egyptian Art and Culture: The Pharaohs

| | | | |
|---------|--------------|----------|--------|
| Tuesday | 2:15-4:15 pm | Thornton | ONLINE |
|---------|--------------|----------|--------|

The rich and ancient history of Egypt comes to life in this new series exploring the royal pyramids, magnificent temples, tombs, and monuments of the pharaohs. We will learn the origins of Egyptology while we follow the rise and fall of the great kingdoms along the Nile.

Class #16682 – Egyptian Art and Culture: The Pharaohs

| | | | |
|----------|---------------|----------|--------|
| Thursday | 9:45-11:45 am | Thornton | ONLINE |
|----------|---------------|----------|--------|

The rich and ancient history of Egypt comes to life in this new series exploring the royal pyramids, magnificent temples, tombs, and monuments of the pharaohs. We will learn the origins of Egyptology while we follow the rise and fall of the great kingdoms along the Nile.

Class #16683 – Art of Asia and the West

| | | | |
|----------|--------------|----------|--------|
| Thursday | 2:20-4:20 pm | Thornton | ONLINE |
|----------|--------------|----------|--------|

The art of China and Japan had a profound impact upon the French Impressionists and American painting. From the Silk Road to Japanese images of the floating world, we will examine how religious ancient Hindu and Buddhist imagery, architectural design, and Asian styles, cross cultural boundaries to influence Western art...and how in turn, the West influenced the East.

Art

Older Adult 42CE—Creative Art for Seniors

Class #23364 - Landscapes and Portraits with Acrylic or Oil Paints

| | | | |
|--------|--------------|------|--------|
| Friday | 1:15-3:15 pm | Pitt | ONLINE |
|--------|--------------|------|--------|

Some painting experience recommended. We will learn about and paint landscapes and portraits in a few different styles.

Class #11300 – Portraiture Painting

| | | | |
|---------|---------|----------|--------|
| Tuesday | 9-11 am | Thornton | ONLINE |
|---------|---------|----------|--------|

Students will learn to paint the human head, focusing on structure, value, edges, and color while examining works of great masters. All mediums and levels of experience welcome.

Class #16679 - Digital Photography

| | | | |
|----------|--------|-------|--------|
| Thursday | 2-4 pm | Nisan | ONLINE |
|----------|--------|-------|--------|

Make your digital camera work for you. Learn use of available light (natural or artificial), importance of composition, exposure and camera techniques that turn snapshots into professional-quality photographs. Learn how to download, organize, and store digital images. Bring camera and camera manual to first class meeting. This course utilizes Digital Single Lens Reflex (DSLR, Mirrorless camera or other digital cameras - no point & shoot or phones). Cameras need to have manual control capabilities in addition to automatic controls.

Class #11261 - Quilting

| | | | |
|-----------|---------------|----------|--------|
| Wednesday | 12:45-2:45 pm | Streimer | ONLINE |
|-----------|---------------|----------|--------|

Projects are designed to include a wide range of quilt construction techniques and patterns, traditional and modern. Basic sewing skills suggested, but quilters at all levels welcome.

Class #11367 – Sheltered In Place Contemporary Watercolor

| | | | |
|-----------|--------|-----|--------|
| Wednesday | 2-4 pm | Wee | ONLINE |
|-----------|--------|-----|--------|

This watercolor course will play with traditional and contemporary approaches to watercolor. You will learn various traditional washes and brush techniques; how to apply them to different projects such as still life, landscape; all with a fresh, contemporary perspective. Aware that we are working from home, this course will emphasize a "think outside the box" approach to projects, subject matter, as well as flexibility with materials. We will look at how to use what supplies you have on hand, cover tips for online sites and ordering, as well as ways to incorporate "found around the home" materials into your watercolor projects.

Art

Older Adult 62CE—Life Drawing for Seniors

Class #20953 - Beginning and Intermediate Drawing

| | | | |
|----------|---------------|------|--------|
| Thursday | 9:30-12:30 pm | Pitt | ONLINE |
|----------|---------------|------|--------|

All levels welcome. Using directed exercises, the course uses drawing materials such as pencil and charcoal to explore line, shadow, value, form, and color. Have pencil and paper available the first meeting.

Class #17506 - Figure Drawing

| | | | |
|----------|--------|------|--------|
| Thursday | 1-4 pm | Pitt | ONLINE |
|----------|--------|------|--------|

Working from photos and master drawings with directed exercises, students will study, learn, review, and practice figure drawing. Models available at some classes. Have pencil and paper available the first meeting.

Class #11855 - Portrait Anatomy

| | | | |
|--------|--------|---------|--------|
| Friday | 1-4 pm | Scarbro | ONLINE |
|--------|--------|---------|--------|

Learn how to paint the human face by first understanding the anatomy of the head. Once the knowledge, methods and techniques are applied, the student will be able to paint the face more intuitively and quickly. Some experience with using oil paints is recommended.

Class #15939 - Dynamic Sketching 1

| | | | |
|-----------|---------------|---------|--------|
| Wednesday | 9:30-12:30 pm | Scarbro | ONLINE |
|-----------|---------------|---------|--------|

This course explains the various methods and techniques of the foundation of drawing. Students will learn how to draw quickly and intuitively by using this course's logical and efficient methods.

Class #20908 – Artistic Anatomy

| | | | |
|-----------|--------|---------|--------|
| Wednesday | 1-4 pm | Scarbro | ONLINE |
|-----------|--------|---------|--------|

Students will explore and be exposed to diverse strategies to drawing the body by understanding the anatomic structures. Understanding how the bones and muscles connect to the body will help students draw the human form correctly.

Class #20961 – Beginner Drawing 3B

| | | | |
|----------|---------------|-------|--------|
| Thursday | 9:30-12:30 pm | Kraus | ONLINE |
|----------|---------------|-------|--------|

This class starts where Drawing 3 ended and revisits the basics. Via lecture, demo and hands-on experience, students continue honing skills using a variety principles and techniques including line, value, shape, tone texture and style in a variety of media. Materials needed first day: white unlined paper, pencil, kneaded eraser, and blender. Basic Drawing skill highly recommended.

Art

Older Adult 63CE—Watercolor Painting

Class #20946 – Oil Painting Studies 2

| | | | |
|--------|---------------|---------|--------|
| Friday | 9:30-12:30 pm | Scarbro | ONLINE |
|--------|---------------|---------|--------|

Students will learn various techniques by completing multiple small oil paintings. The instructor will give thorough step-by-step demos while pacing with the student from beginning to finish. Each study will advance the students’ ability to be more confident in their work.

Class #20611 – Watercolor/Pastel Painting

| | | | |
|--------|---------------|-------|--------|
| Friday | 9:30-12:30 pm | Kraus | ONLINE |
|--------|---------------|-------|--------|

Basic drawing, watercolor, and pastel experience highly recommended. Via lecture, demo, critique, and hands-on experience, explore a variety of traditional and modern methods to advance your style, technique, and color mixing skills.

Class #20613 – Art Explorations

| | | | |
|--------|--------|-------|--------|
| Friday | 1-4 pm | Kraus | ONLINE |
|--------|--------|-------|--------|

All levels welcome. Via instructor assistance/critique and hands-on experience, advance your skills with line, shape, tone, texture, color, composition, style, and technique, working on projects and media you select.

Class #20614 – Pastel Painting 1B

| | | | |
|-----------|---------------|-------|--------|
| Wednesday | 9:30-12:30 pm | Kraus | ONLINE |
|-----------|---------------|-------|--------|

Prior basic drawing and pastel experience recommended. This course continues where *Introduction to Pastel* ended. The course is for students who want to advance their skills and for those who want to revisit the basics. Emphasis will be on color mixing, style and fundamental techniques using what are commonly called SOFT pastels, also known as chalk pastels (NOT oil pastels, cray-pas, or water-soluble oil pastels). Please have your materials ready the first day.

Class #20952 - Watercolor

| | | | |
|--------|--------|------|--------|
| Monday | 1-4 pm | Pitt | ONLINE |
|--------|--------|------|--------|

All levels welcome. Emphasis on learning and reviewing various watercolor techniques and principles. Have paints, brushes, and paper available the first meeting.

Class #20949 - Beginning and Intermediate Acrylic or Oil Painting

| | | | |
|---------|---------------|------|--------|
| Tuesday | 9:30-12:30 pm | Pitt | ONLINE |
|---------|---------------|------|--------|

All levels welcome. Study Acrylic or Oil Paint handling and art fundamentals. Have some painting materials available the first class meeting.

Class #20951 - Abstract Painting in Color with Acrylic and Mixed Media

| | | | |
|---------|--------|------|--------|
| Tuesday | 1-4 pm | Pitt | ONLINE |
|---------|--------|------|--------|

Previous painting experience recommended. Featuring artist introductions and directed exercises students will experiment with styles of abstraction using color and a variety of mixed media with Acrylic Paint. Have some painting materials available the first class meeting.

Class #20950 - Intermediate & Beyond Acrylic or Oil Painting

| | | | |
|--------|---------------|------|--------|
| Friday | 9:30-12:30 pm | Pitt | ONLINE |
|--------|---------------|------|--------|

Previous painting experience recommended. Using Acrylics or Oils, this course is an investigation of painting styles and ideas. The course features: Introductions to Artists - some favorites and some new to the scene, demonstrations, directed exercises and or the option for students to pursue their own projects. For the first class please have a project you can work on and a personal goal for the semester.

Class #11807 - Renaissance Painting - Egg Tempera

| | | | |
|-----------|--------|----------|--------|
| Wednesday | 1-4 pm | Thornton | ONLINE |
|-----------|--------|----------|--------|

Painting with egg tempera is a traditional method used by artists such as Botticelli, and Michelangelo. Students will receive ground pigments to make tempera paint, learn to prepare wood panels and paint using this brilliant, historical technique. Painting experience required.

Class #11860 - Watercolor

| | | | |
|--------|--------|----------|--------|
| Friday | 1-4 pm | Thornton | ONLINE |
|--------|--------|----------|--------|

All levels are welcome. Learn about washes, dry brush techniques, color theory and color mixing and composition. Enjoy the spontaneity of watercolor and learn how to express your ideas.

Class #17504 - Watercolor: Plein Air On Zoom

| | | | |
|---------|---------|------|--------|
| Tuesday | 10-1 pm | Tirr | ONLINE |
|---------|---------|------|--------|

This course introduces the student to all types of applications of watercolor. It covers positive and negative painting, wet in wet, dry brush, glazing, use of resists. It will enable the student to strengthen design and compositional skills, while covering the techniques needed to capture landscapes and seascapes, in expressive and imaginative ways.

Class #15940 – Abstraction and Mixed Media

| | | | |
|---------|--------------|------|--------|
| Tuesday | 1:30-4:30 pm | Tirr | ONLINE |
|---------|--------------|------|--------|

This course introduces students to a variety of abstract artists from many cultures and their approaches to the art-making process. The student will develop their own abstract vocabulary, while using the weekly exercise as a stepping-stone to find their own voice.

Class #17505 – Watercolor: Still Life Painting

| | | | |
|----------|---------|------|--------|
| Thursday | 10-1 pm | Tirr | ONLINE |
|----------|---------|------|--------|

This course introduces the student to all types of applications of watercolor. It covers positive and negative painting, wet in wet, dry brush, glazing, use of resists. It will enable the student to strengthen design and compositional skills, while covering the techniques needed to capture still life arrangements in expressive and imaginative ways.

Class #15942 – Color Media

| | | | |
|----------|--------------|------|--------|
| Thursday | 1:30-4:30 pm | Tirr | ONLINE |
|----------|--------------|------|--------|

This course covers colored pencil techniques, acrylic and watercolor, as well as assemblage while introducing line, tone and a variety of drawing skills and color exercises to achieve the confidence required to render a broad range of subjects, from still life to landscape.

Computer

Vocational Education 187CE-Computer Usage Skills

Class #16275 – Photo Editing

| | | | |
|---------|--------|--------|--------|
| Tuesday | 1-3 pm | Perret | ONLINE |
|---------|--------|--------|--------|

Learn the basics of Pixlr E. Class will focus on restoring old photographs and editing new photographs. This is a fun class but NOT for beginner computer users. You must be Computer Literate to keep up with this class. We will use a free Web based editor called Pixlr E. <https://pixlr.com/e/>

Class #18923 – Email and Internet Basics

| | | | |
|----------|--------|--------|--------|
| Thursday | 1-3 pm | Perret | ONLINE |
|----------|--------|--------|--------|

Learn how the Internet works and how to use a browser to effectively search and find things. You will learn the basics of getting connected and how to use a web browser and various search engines to find information about health, family, community, and entertainment issues. Learn how to send, receive, save, and print electronic mail and get a free email account.

Finance

Older Adult 44CE – Personal Finance for Seniors

Class #24750 – Investing and Current Business Issues

| | | | |
|--------|--------|-------------|--------|
| Monday | 2-4 pm | Braun/Grigg | ONLINE |
|--------|--------|-------------|--------|

This course explores the many different types of investments from the stock market to real estate along with current local, national, and international business issues and how they might affect investments.

Health and Fitness

Older Adult 52CE—Body Movement for Seniors

Class #15936 – Body Movement: Aquatic Fitness

| | | | |
|---------|---------|--------|------|
| Tuesday | 9-11 am | Hefter | POOL |
|---------|---------|--------|------|

Fun, fat-burning fitness workout using shallow water techniques designed for swimmers and non-swimmers. Improve posture, flexibility, strength, and cardiovascular fitness.

Students must complete the LAPC SAFE App COVID screening prior to class and may be required to complete a temperature check before entering the facility. Students must come to Aquatic Center in mask and dressed in appropriate swim attire (swimsuit, rash guards, shoes, hats, sunscreen, etc.). There will be no access to locker rooms or showers.

Class #25596 - Body Movement: Aquatic Fitness

| | | | |
|----------|---------|---------|------|
| Thursday | 9-11 am | Lacelle | POOL |
|----------|---------|---------|------|

Fun, fat-burning fitness workout using shallow water techniques designed for swimmers and non-swimmers. Improve posture, flexibility, strength, and cardiovascular fitness.

Students must complete the LAPC SAFE App COVID screening prior to class and may be required to complete a temperature check before entering the facility. Students must come to Aquatic Center in mask and dressed in appropriate swim attire (swimsuit, rash guards, shoes, hats, sunscreen, etc.). There will be no access to locker rooms or showers.

Class #11577 - Body Movement

| | | | |
|----------|---------|--------|--------|
| Thursday | 9-11 am | Hefter | ONLINE |
|----------|---------|--------|--------|

Improve cardiovascular fitness, flexibility, muscle strength and endurance. A 6-foot resistance band, mat, and light dumbbells (1-5 lbs.) are suggested.

Class #18264 – Body Movement

| | | | |
|--------|---------|---------|--------|
| Monday | 9-11 am | Lacelle | ONLINE |
|--------|---------|---------|--------|

Improve cardiovascular fitness, flexibility, muscle strength and endurance. Mat suggested.

Class #17501 – Body Movement

| | | | |
|-----------|---------|---------|--------|
| Wednesday | 9-11 am | Lacelle | ONLINE |
|-----------|---------|---------|--------|

Improve cardiovascular fitness, flexibility, muscle strength and endurance. Mat suggested.

Class #11594 - Body Movement

| | | | |
|--------|---------------|----------|--------|
| Monday | 8:30-10:30 am | Shvetsov | ONLINE |
|--------|---------------|----------|--------|

Improve cardiovascular fitness, flexibility, muscle strength and endurance. Mat suggested.

Class #11520 - Body Movement

| | | | |
|---------|---------|----------|--------|
| Tuesday | 9-11 am | Shvetsov | ONLINE |
|---------|---------|----------|--------|

Improve cardiovascular fitness, flexibility, muscle strength and endurance. A 6-foot resistance band, mat, and light dumbbells (1-5 lbs.) are suggested.

Class #11542 - Body Movement

| | | | |
|-----------|---------|----------|--------|
| Wednesday | 9-11 am | Shvetsov | ONLINE |
|-----------|---------|----------|--------|

Improve cardiovascular fitness, flexibility, muscle strength and endurance. Mat suggested.

Class #11509 – Body Movement

| | | | |
|----------|---------|----------|--------|
| Thursday | 9-11 am | Shvetsov | ONLINE |
|----------|---------|----------|--------|

Improve cardiovascular fitness, flexibility, muscle strength and endurance. Mat suggested.

Class #11552 - Body Movement

| | | | |
|--------|---------|----------|--------|
| Friday | 9-11 am | Shvetsov | ONLINE |
|--------|---------|----------|--------|

Improve cardiovascular fitness, flexibility, muscle strength and endurance. A 6-foot resistance band, mat, and light dumbbells (1-5 lbs.) are suggested.

Class #16681- Body Movement: Chair Exercise

| | | | |
|--------|----------------|----------|--------|
| Monday | 10:40-12:40 pm | Shvetsov | ONLINE |
|--------|----------------|----------|--------|

This chair-based class is focused on developing bone health and muscle strength, while minimizing stress and impact to joints. The class blends gentle seated cardiovascular movements with dynamic stretching to improve mobility, decrease pain, and improve overall health and quality of life.

Class #18598 - Body Movement: Chair Exercise

| | | | |
|-----------|--------------|----------|--------|
| Wednesday | 1:30-3:30 pm | Shvetsov | ONLINE |
|-----------|--------------|----------|--------|

This chair-based class is focused on developing bone health and muscle strength, while minimizing stress and impact to joints. The class blends gentle seated cardiovascular movements with dynamic stretching to improve mobility, decrease pain, and improve overall health and quality of life.

Class #18597 - Body Movement: Chair Exercise

| | | | |
|--------|--------|--------|--------|
| Monday | 1-3 pm | Jensen | ONLINE |
|--------|--------|--------|--------|

This chair-based class is focused on developing bone health and muscle strength, while minimizing stress and impact to joints. The class blends gentle seated cardiovascular movements with dynamic stretching to improve mobility, decrease pain, and improve overall health and quality of life.

Class #19323 - Body Movement: Chair Yoga

| | | | |
|---------|---------|---------|--------|
| Tuesday | 9-11 am | Cummins | ONLINE |
|---------|---------|---------|--------|

Chair Yoga is a class focusing on the Body-Mind system of Hatha Yoga that embraces healthful physical exercise and relaxation techniques. Designed to safely build stability and mobility, strength and flexibility in muscles and joints, classes will learn, and practice, seated and standing yoga poses with the chair. Additional support materials will be discussed at class. Incorporated into classes will be strategies for reducing postural tension patterns and improving body alignment and yoga relaxation and breathing techniques.

Class #16967 – Body Movement: Chair Yoga

| | | | |
|-----------|---------------|---------|--------|
| Wednesday | 11:15-1:15 pm | Cummins | ONLINE |
|-----------|---------------|---------|--------|

Chair Yoga is a class focusing on the Body-Mind system of Hatha Yoga that embraces healthful physical exercise and relaxation techniques. Designed to safely build stability and mobility, strength and flexibility in muscles and joints, classes will learn, and practice, seated and standing yoga poses with the chair. Additional support materials will be discussed at class. Incorporated into classes will be strategies for reducing postural tension patterns and improving body alignment and yoga relaxation and breathing techniques.

Class #19322 – Body Movement: Chair Yoga

| | | | |
|----------|---------------|---------|--------|
| Thursday | 8:30-10:30 pm | Cummins | ONLINE |
|----------|---------------|---------|--------|

Chair Yoga is a class focusing on the Body-Mind system of Hatha Yoga that embraces healthful physical exercise and relaxation techniques. Designed to safely build stability and mobility, strength and flexibility in muscles and joints, classes will learn, and practice, seated and standing yoga poses with the chair. Additional support materials will be discussed at class. Incorporated into classes will be strategies for reducing postural tension patterns and improving body alignment and yoga relaxation and breathing techniques.

Class #11613 – Chair Yoga

| | | | |
|----------|----------------|-----------|--------|
| Thursday | 10:30-12:30 pm | MacDonald | ONLINE |
|----------|----------------|-----------|--------|

This class consists of gentle exercises using a chair for seated and/or standing support. Includes yoga chair techniques. Additional materials will be discussed at class to improve muscular strength, muscular endurance, flexibility, and cardiovascular fitness.

Yoga

Older Adult 53CE – Yoga for Seniors

Class #11598 - Intermediate Yoga/Mat Pilates

| | | | |
|-----------|---------|-----------|--------|
| Wednesday | 8-10 am | MacDonald | ONLINE |
|-----------|---------|-----------|--------|

Building on previous Yoga/Mat Pilates experience, continue to build core strength, flexibility, coordination, and improve balance. Mat suggested.

Class #23369 - Yoga

| | | | |
|----------|---------|-----------|--------|
| Thursday | 8-10 am | MacDonald | ONLINE |
|----------|---------|-----------|--------|

Introduction to basic yoga postures. Exploring proper alignment, core strength, flexibility, breath work, and balance improvement. Mat suggested.

Class #11629 - Basic Yoga/Mat Pilates

| | | | |
|-----------|----------------|-----------|--------|
| Wednesday | 10:30-12:30 pm | MacDonald | ONLINE |
|-----------|----------------|-----------|--------|

Introduction to basic yoga postures and mat Pilate's techniques, exploring proper alignment, core strength, flexibility, breath work, and balance improvement. Mat suggested.

Class #11602 - Intermediate Yoga/Mat Pilates

| | | | |
|--------|---------|-----------|--------|
| Friday | 8-10 am | MacDonald | ONLINE |
|--------|---------|-----------|--------|

Building on previous Yoga/Mat Pilates experience, continue to build core strength, flexibility, coordination, and improve balance. Mat suggested.

Class #11622 – Yoga

| | | | |
|---------|---------|---------|--------|
| Tuesday | 8-10 am | Feldman | ONLINE |
|---------|---------|---------|--------|

Gentle stretching, core strength, deep breathing, and stress reduction techniques. Mat suggested.

Health and Fitness

Older Adult 58CE – Healthy Living

Class #11686 - Body-Mind Fusion

| | | | |
|--------|----------------|--------------|--------|
| Monday | 10:40-12:40 pm | Tinto-Singer | ONLINE |
|--------|----------------|--------------|--------|

Build strong mental and physical health with body and cardio sculpturing. 1-2 lbs. weights, ankle weights, mat, water, and small ball the size of a grapefruit (for Tai Qi Ball range of motion exercises) are suggested.

Class #11703 - Body-Mind Fusion

| | | | |
|-----------|---------------|--------------|--------|
| Wednesday | 11:10-1:10 pm | Tinto-Singer | ONLINE |
|-----------|---------------|--------------|--------|

Build strong mental and physical health with body and cardio sculpturing. 1-2 lbs. weights, ankle weights, mat, water, and small ball the size of a grapefruit (for Tai Qi Ball range of motion exercises) are suggested.

Class #11717 - East meets West

| | | | |
|-----------|--------|--------------|--------|
| Wednesday | 2-4 pm | Tinto-Singer | ONLINE |
|-----------|--------|--------------|--------|

This introductory class explores the fundamental concepts and compares Western and Eastern methodology with an integrated approach to healthy living.

Class #18441 - Understand Exercise Techniques and Body Movement

| | | | |
|----------|--------------|--------------|--------|
| Thursday | 1:30-3:30 pm | Tinto-Singer | ONLINE |
|----------|--------------|--------------|--------|

Learn about muscles and joints, body mechanics, and body alignment and how they impact daily activities. Improve posture and gait. Learn how and what conditions affect the aging body. Class incorporates lectures, videos, and exercise techniques to improve general health and enhance cognitive health.

Class #11734 - Body-Mind Fusion

| | | | |
|--------|---------------|--------------|--------|
| Friday | 11:10-1:10 pm | Tinto-Singer | ONLINE |
|--------|---------------|--------------|--------|

Build strong mental and physical health with body and cardio sculpturing. 1-2 lbs. weights, ankle weights, mat, water, and small ball the size of a grapefruit (for Tai Qi Ball range of motion exercises) are suggested.

Music

Older Adult 49CE—Music Appreciation for Seniors

Class #16680 – History and Development of the Occidental Musical Tradition

| | | | |
|--------|--------|--------|--------|
| Monday | 1-3 pm | Domine | ONLINE |
|--------|--------|--------|--------|

The class covers a curated encyclical compendium through the history of Western European music, from its origins in the Medieval period, through the Renaissance, Baroque, Classical, Romantic and Modern style periods. Weekly lectures will explore specifically selected examples from the repertoire.

Class #15935 – Reimagining Jewish Music

| | | | |
|-----------|---------------|----------|--------|
| Wednesday | 11:30-1:30 pm | Brostoff | ONLINE |
|-----------|---------------|----------|--------|

A journey through the evolution of Jewish music, from Biblical times, cantillations of sacred texts, cantorial, popular, klezmer, Yiddish, Sephardic, Israeli and classical genres. There will be special emphasis on music of the American Jewish diaspora.

Class #11487 - Encore Singers

| | | | |
|----------|---------------|---------|--------|
| Thursday | 12:45-2:45 pm | Avakian | ONLINE |
|----------|---------------|---------|--------|

Experience the joy of singing! Learn new songs and revisit familiar songs. Whether your experience is singing in the shower or singing in a group, this class is for you. You will learn basic singing techniques, proper breathing, and voice exercises. Emphasis is on developing and understanding the singing voice, the body as a musical instrument, and the vocal potential of each student. Due to COVID-19 the end of the semester performance will be virtual. All levels are welcome to join.

Class #16110 – History and Development of American Popular Music

| | | | |
|-----------|--------|--------|--------|
| Wednesday | 2-4 pm | Domine | ONLINE |
|-----------|--------|--------|--------|

The class covers a curated encyclical compendium tracing the history of American popular music from its origins in regional folk songs and dances through the emergence of Ragtime, the Blues, Jazz, and Rock & Roll music. Weekly lectures will explore specifically selected examples from the repertoire.

Class #19870 – Music and Your Health

| | | | |
|----------|---------|---------------------|--------|
| Thursday | 11-1 pm | Domine/Tinto-Singer | ONLINE |
|----------|---------|---------------------|--------|

The course examines the ways music can contribute to a healthier lifestyle. Research in the field of Geriatrics and Medicine have found that music can play an important role in treating a variety of ailments associated with aging, dementia, Alzheimer’s disease, and other neurological disorders. This class will explore some of these pathways using listening exercises and musical procedures that can contribute to a healthier, happier lifestyle. Weekly lectures will explore specifically selected topics. Co-taught by James Domine and Dr. Sandra Tinto-Singer.

Class #11457 – History and Development of American Musical Theater

| | | | |
|--------|----------------|--------|--------|
| Friday | 10:30-12:30 pm | Domine | ONLINE |
|--------|----------------|--------|--------|

The class covers a curated encyclical compendium through the history and development of American Musical Theater, from its origins in the ethnic theaters and vaudeville stages in New York City at the turn of the 20th century, through the evolution of the Broadway musical on the Great White Way. Weekly lectures will explore specifically selected examples from the repertoire.

Class #11467 – Top Ten List—Events in World History that Forever Changed Our Musical Landscape

| | | | |
|--------|--------------|--------|--------|
| Friday | 1:30-3:30 pm | Piazza | ONLINE |
|--------|--------------|--------|--------|

This class, via lecture, discussion, videos, and audio resources, will explore 10 of the most significant cultural, scientific, and political events and how they shaped (and were shaped by) our musical landscape. The class will take us on a fascinating international journey where we will explore such diverse topics as Mass Migrations, the Revolutions of 1848, the US Civil War, the Reformation and Counter-Reformation, Pandemics of the 14th, 20th and 21st centuries, and the Rise and Fall of Napoleon Bonaparte as well as other fascinating and game changing events of the past half millennium. Join Prof. Piazza on this global sequel to his much-acclaimed previous course on US events of the 20th century that impacted our musical heritage.

Off-Site Locations

The Village at Northridge
9222 Corbin Avenue
Northridge, CA 91324

The Village at Sherman Oaks
5450 Vesper Avenue
Sherman Oaks, CA 91411

Pierce College Village (Behind Gyms)

**ENCORE OFFICE
VLGE 8310A**

Room activities are subject to change. Please use the most recent updated map.

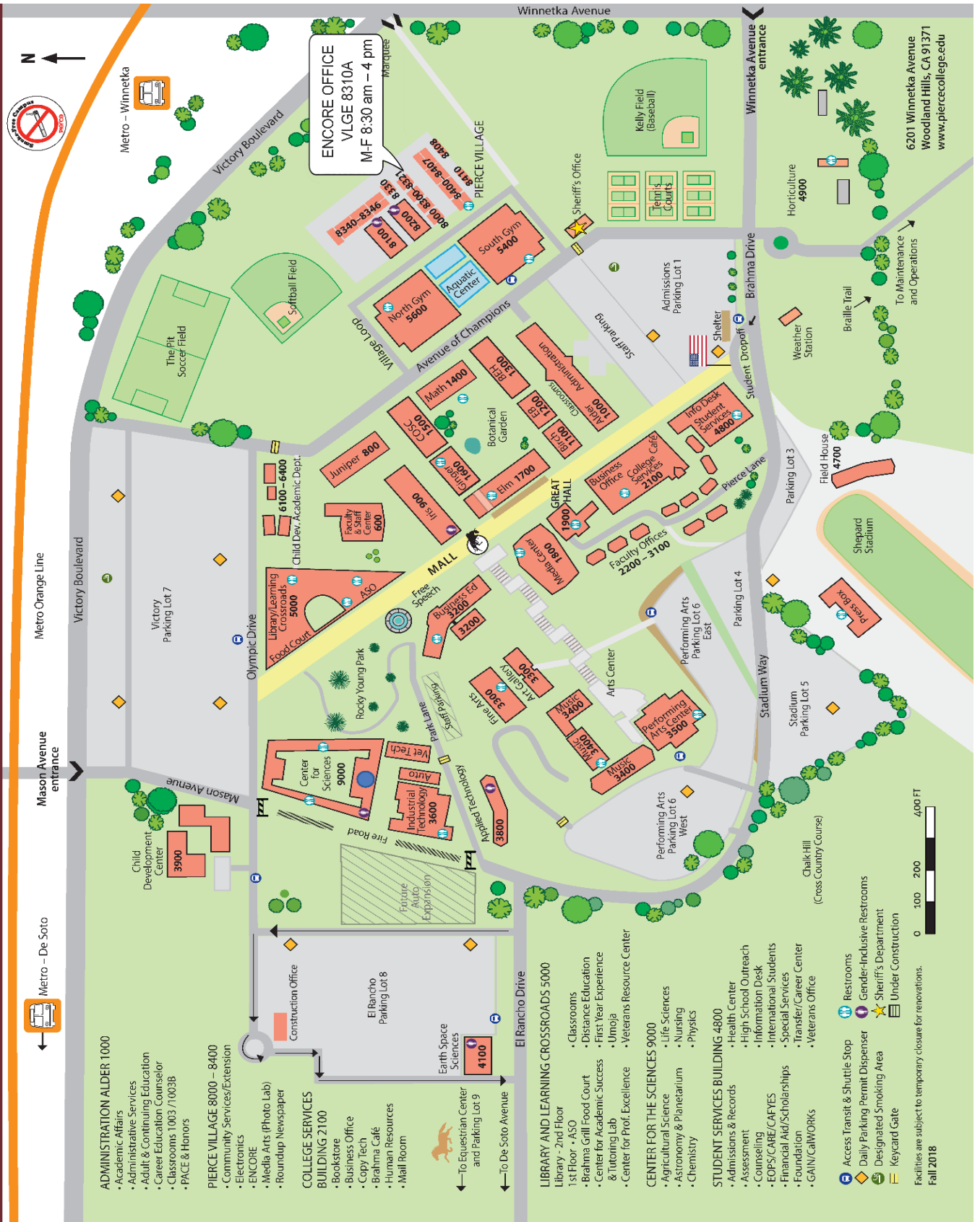
Map is good through **June 30, 2017**

Use this link for the most up-to-date map

SHERIFF'S STATION

Campus Map

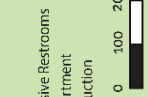
PIERCE COLLEGE



ENCORE OFFICE
 VLGE 8310A
 M-F 8:30 am - 4 pm

- ADMINISTRATION ALDER 1000**
 - Academic Affairs
 - Administrative Services
 - Adult & Continuing Education
 - Career Education Counselor
 - Classrooms 1003 / 1003B
 - PACE & Honors
- PIERCE VILLAGE 8000 - 8400**
 - Community Services/Extension
 - ENCORE
 - Media Arts (Photo Lab)
 - Roundup Newspaper
- COLLEGE SERVICES BUILDING 2100**
 - Bookstore
 - Business Office
 - Copy Tech
 - Brahma Café
 - Human Resources
 - Mail Room

- LIBRARY AND LEARNING CROSSROADS 5000**
 - Classrooms
 - Brahma Grill Food Court
 - Center for Academic Success
 - Tutoring Lab
 - Center for Prof. Excellence
 - Veterans Resource Center
- CENTER FOR THE SCIENCES 9000**
 - Agricultural Science
 - Astronomy & Planetarium
 - Chemistry
 - Life Sciences
 - Nursing
 - Physics
- STUDENT SERVICES BUILDING 4800**
 - Admissions & Records
 - Assessment
 - Counseling
 - EOPS/CARE/CAFYES
 - Financial Aid/Scholarships
 - Foundation
 - GAIN/CalWORKS
 - Health Center
 - High School Outreach
 - Information Desk
 - International Students
 - Special Services
 - Transfer/Career Center
 - Veterans Office



- Restrooms
 - Access Transit & Shuttle Stop
 - Daily Parking Permit Dispenser
 - Designated Smoking Area
 - Keycard Gate
 - Under Construction
 - Sheriff's Department
 - Gender-Inclusive Restrooms
- Facilities are subject to temporary closure for renovations.
 Fall 2018